

Tu B'Shevat Kits and directions...

Your kit will provide you with some food items that represent the 3 categories for which prayers are said. They are **highlighted in green** in the lists below. If you want to add more to your table, here are some suggestions:

Group 1...Inedible outer shell/skin

citrus-oranges, **tangerines**, grapefruit, etc.

bananas

nuts

coconut

pomegranate

melons

Group 2...Edible outer, but hard seeds or pit inside

peaches

plums/**prunes**

apricots

dates

cherries

Group 3... all edible

Carob

apples

grapes/**raisins**

figs

cranberries/**"craisins"**

kiwi

berries-strawberries, blueberries, blackberries, etc.

There are also the **7 Species of Israel mentioned in the Bible**. We say specific prayers over these too, so you may want to have them on hand. Due to their cost or perishability, unfortunately we can't include these in the kit. 1.Grapes 2.wheat/challah 3.barley 4.figs/dates 5.olives 6.pomegranate 7.honey

Wine/Juice

We will drink 4 glasses of wine, the first being all white, then adding more red until the last glass is all red

We suggest that you lay out your table with a colorful cloth or hand colored "placemat", and have 3 plates, one for each group. Join our service on

Thursday January 28th and have fun!